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NEWS WORTH SHARING.

## Canadians push for ever more tennis glory

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## Fight frizz with some pretty plaits

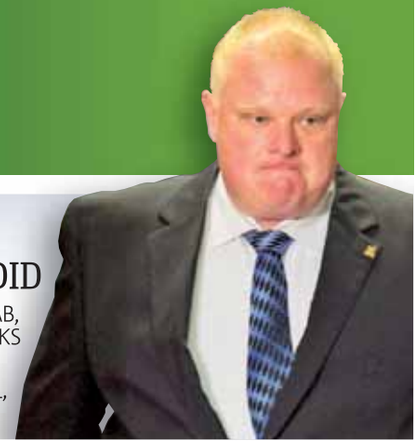
Braids are an easy way to stay cool and look pulled together when the mercury rises PAGE 16

## Thicke's shtick is Patton-ly absurd

Sure, singer Robin Thicke misses his ex-wife, but isn't Get Her Back just creepy? Paula Patton hasn't seen it, so she couldn't say PAGE 15

## OH YES, ALL THAT STUFF I DID

AFTER HIS STINT IN REHAB, TORONTO'S MAYOR TALKS DRUGS, HIS FITNESS FOR OFFICE AND AVOIDING THE 'CRIMINAL ELEMENT' PAGE 5



A man rides off on a bike that belongs to Tanis Sawkins of Vancouver on Tuesday, while a woman is pictured in the background also allegedly riding a stolen bike. COURTESY JONO FLOYD

# Chase follows bicycle theft

**Downtown.** Man and woman escape on wheels despite Good Samaritans' best efforts

THANDI FLETCHER
thandi.fletcher@metronews.ca

A Vancouver man says his faith in humanity is restored after a trio of Good Samaritans confronted two people in the process of taking his wife's bike.

"I was seriously impressed," Ralph Rushton told Metro. "They had done everything that you hope somebody would do in similar circumstances."

Rushton, his wife Tanis Sawkins and 14-year-old son Luke were downtown on Tuesday enjoying the Canada Day festivities when they left their bikes chained up on Hornby Street near Pender.

Later that afternoon, locals David Roberts and his girlfriend, along with her brother Jono Floyd, were walking past the bikes when they heard a loud snapping sound.

The group turned and saw a man and woman standing over the bikes with a pair of bolt cutters.

When Roberts confronted the pair, he said they claimed they had lost their keys. Although he initially thought the story seemed plausible, Roberts continued to press them about why they happened to have a bolt cutter with them.

It wasn't until he glanced down and noticed one of the chains had a combination lock that he knew the two couldn't be telling the truth.

"I said, 'Well, you didn't need to cut that one, did you?'" Roberts recalled.

A heated argument ensued, with one of the pair holding Roberts in a headlock before they each hopped on a bike and made off toward Stanley Park.

Roberts said he initially chased them on foot before returning and taking one of the other bikes that had been cut loose. He kept pursuing the pair until he lost them near Stanley Park, he said.

Before the pair fled, Floyd snapped a photo with the hope that someone would be able to identify them.

While Rushton is glad his own bike and his son's bike weren't taken, the loss of his wife's $700 commuter bike is hard to swallow, he said.

Rushton praised the Good Samaritans for their quick thinking, but Roberts was quick to downplay his role.

"Back home, we just call that grassroots policing," said Roberts, who is originally from the U.K., with a laugh. "There's no hero status."

While Vancouver police are aware of the theft, spokesman Const. Brian Montague said no suspects have been identified.

Anyone who recognizes the two people in the photo can call police at 604-717-3321 or Crime Stoppers at 1-800-222-8477.

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Airport flyby

## RCMP hunting for drone pilot

Mounties are searching for the person who flew a drone dangerously close to commercial aircraft at the Vancouver International Airport on Monday.

"Bird strikes can bring down an airplane, so a mechanical device is obviously concerning," said Richmond RCMP Sgt. Cam Kowalski on Wednesday. "It's incredibly dangerous and incredibly stupid."

YVR has had previous close calls with the remote-controlled vehicles. Police are still looking for a person who posted a YouTube video of a plane landing filmed from a drone.

EMILY JACKSON/METRO

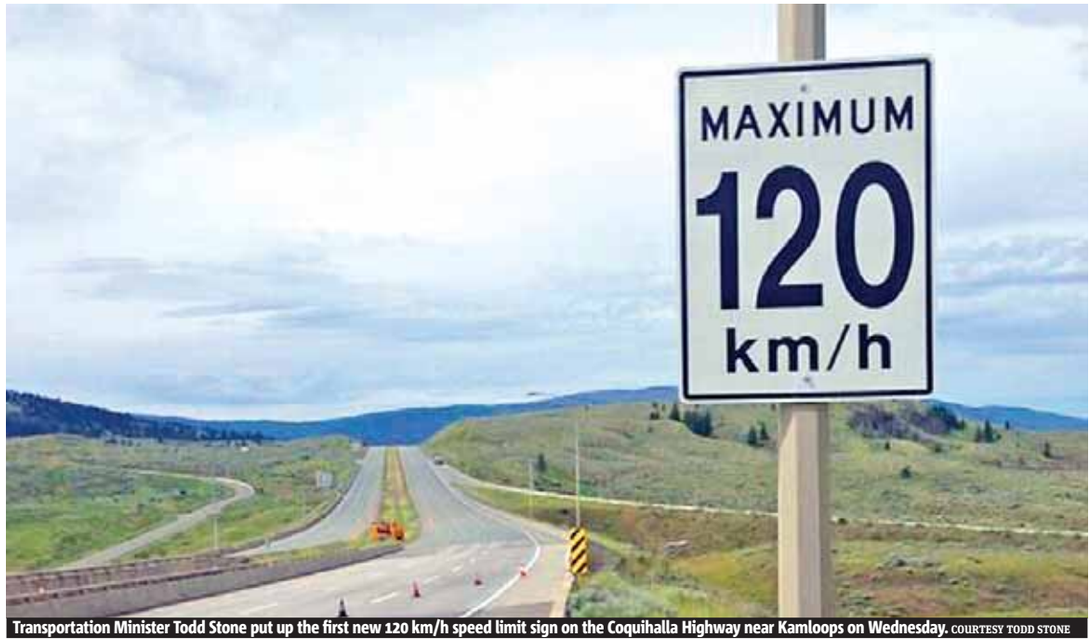
Northern Gateway

## Pipeline hostility growing in B.C.

Despite garnering approval from the federal government, Enbridge's Northern Gateway pipeline is facing increased opposition from British Columbians, according to a poll released Wednesday.

Forty-nine per cent of B.C. residents oppose the pipeline that will carry oil from Alberta to Kitimat to ship to Asian markets, according to the Insights West online poll conducted in the days after Ottawa gave its stamp of approval subject to 209 conditions. Support for the project dropped to 38 per cent.

More that three quarters of people in B.C. are concerned about an increase in oil tanker traffic in Kitimat (85 per cent), the risk of an oil spill (83 per cent) and environmental impacts of pipeline construction (78 per cent). EMILY JACKSON/METRO




Transportation Minister Todd Stone put up the first new 120 km/h speed limit sign on the Coquihalla Highway near Kamloops on Wednesday. COURTESY TODD STONE

# B.C. drivers living life in the fast(er) lane

**Speed limit increases.** Government stats show drop in severe highway crashes in past 10 years

MATT KIELTYKA
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Drivers in British Columbia have been given the green light to hit the gas pedal a tad harder.

Transportation Minister Todd Stone rolled out the results of the province's Rural Highway Safety and Speed Review on Wednesday, increasing the speed limit on 35 sections of highway covering 1,300 kilometres, among other changes.

That means stretches such as the Coquihalla from Othello Road near Hope to the Highway 1 junction near Kamloops now permit drivers to travel at a maximum speed of 120 km/h (up from 110).

New speed limits are also in effect along stretches of the Fraser Valley, Sea to Sky Highway and parts of Vancouver Island and the Southern Interior.

Targeted enforcement, driver education, improved vehicle technology and stiffer penalties have all contributed to a 28 per cent decrease in serious crashes on highways since 2003, according to government statistics.

"The actions we're taking were the subject of a thorough technical review by our engineers, and the ministry is committed to ongoing monitoring and evaluation of speed limits and other highway safety measures," Stone said in a statement.

In addition to increased speed limits, the government is changing winter tire regulations, increasing "keep right to pass" enforcement and signage as well as implementing new pilot projects aimed at preventing collisions with wildlife at high-risk areas.

**Keep on truckin'**

**It seems not everyone will be taking advantage of the new speed limits. The B.C. Trucking Association (BCTA) believes most companies will stick to the status quo.**

- "When we surveyed our truck and motor coach members ... they indicated there was no appetite for high speed limits," said BCTA president Louise Yako.
- Safety and fuel economy were cited as the main reasons.

## Surrey Six. Crown claims 'overwhelming' proof that men took part in killings

There is "overwhelming evidence" to prove two men participated in the murders of six people as part of a dispute between a gang and its rivals in the Vancouver-area drug trade, a Crown lawyer told the men's trial Wednesday.

Cody Haevischer and Matthew Johnston are each charged with conspiracy and six counts of first-degree murder in the deaths of six men, including two innocent bystanders, who were shot in a highrise condo in Surrey in October 2007.

Crown counsel Mark Levitz said the trial has heard a mountain of circumstantial evidence — including surveillance videos, forensic evidence and testimony from former gang members — that can only lead to one conclusion. THE CANADIAN PRESS

Kootenay Lake

## Young cliff diver presumed dead

A 25-year-old man is presumed dead after diving in Kootenay Lake from a popular cliff-jumping spot on Monday afternoon.

The experienced cliff diver from nearby Riondel was diving from the Star Valley Cliff when he hit the water awkwardly and was knocked unconscious, say RCMP. A friend tried to pull him to safety, but the man slipped under the water. EMILY JACKSON/METRO

## Alleged 2013 Canada Day bomb plot. Mother has faith in son's innocence

Nearly a year after a British Columbia man was arrested for allegedly plotting to bomb the legislature during Canada Day, his mother says she maintains her firm belief in his innocence.

John Nuttall and co-accused Amanda Korody are in B.C. Supreme Court this week as Justice Catherine Bruce hears a legal application related to the charges.

Nuttall's mother, Maureen Smith, said outside the Vancouver courthouse on Wednesday that it is important for her to support her son, even though hearing the legal arguments is "brutal."

"A year ago, when I found out that he got arrested, I thought it was a joke," she said. "My son would never, ever harm an innocent person." THE CANADIAN PRESS

## 138th Street. Surrey man takes high fall from tree

A 28-year-old Surrey man who climbed up a tree and refused police demands to come down is recovering in hospital after falling about 15 metres early Wednesday.

Around 1 a.m., police were called to the 10,700 block of 138th Street in Surrey after residents of a nearby apartment building reported hearing the sounds of snapping branches and leaves rustling.

"We found a male who appeared to be under the influence of intoxicants or alcohol up a tree," said Cpl. Bert Paquet of Surrey RCMP.

When the man refused to co-operate with officers' demands to come down, Paquet said RCMP called the fire department and ambulance to the scene.

RCMP also called a negotiator to the scene to try to convince the man to come down. However, about two hours after police first arrived, the man fell from the tree before the negotiator arrived. Police estimate he fell about 12 to 15 metres, the equivalent of about four storeys, said Paquet.

The man suffered serious but non-life threatening injuries and was taken to hospital.

THANDI FLETHER/METRO

Canada Day

### Few arrests during July 1 celebrations

Vancouver Police say Canada Day revellers were relatively well-behaved during downtown celebrations Tuesday.

Officers poured out 361 containers of liquor, seized five bottles of liquor and issued eight tickets, according to police. One person was arrested for public intoxication, and five were arrested for breaching the peace. Police said an officer was assaulted during one arrest.

Around 100,000 people attended daytime events at Canada Place, while 50,000 took in the parade and another 100,000 saw the fireworks at the end of the evening, police said. THANDI FLETCHER/METRO

# Summer school cancelled as teachers' strike continues

B.C. Education Minister Peter Fassbender JENNIFER GAUTHIER/METRO FILE

## Stalemate. Dispute set to continue into the summer season

The Vancouver School Board announced Wednesday afternoon that it has scrapped all plans for summer school, after talks between B.C.'s teachers and their employer broke down yet again.

Earlier. the B.C. Teachers Federation and B.C. Public School Employers' Association issued a joint statement, saying Supreme Court Justice Stephen Kelleher had exploratory discussions with both sides and "determined that mediation is not indicated at this time."

With both sides admitting to a stalemate, the teachers' strike is set to continue into the summer.

The Labour Relations Board last week declared summer school an essential service, but only for students who require a particular course in order to graduate, or for students that would not be able to retake a course in the next school year.

"After reviewing the ruling and the individual academic records of all students who might be eligible, the district determined that it does not have any students who meet the LRB essential services order requirements," a statement from the Vancouver School Board read.

Kelleher's assessment that a mediator would not be able to help the two sides reach a settlement led to a round of mudslinging and accusations.

BCTF president Jim Iker accused the government of insisting on "preconditions" to mediation that killed any chance of progressive discussions despite the fact the sides are close to agreeing on wages.

Education Minister Peter Fassbender, on the other hand, said the BCTF is insisting on a $250-million benefits package that puts teachers "clearly out of the zone" of affordability.

The dispute continues.

MATT KIELTYKA/METRO

Book time for summer reading
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THE ORENDA JOSEPH BOYDEN
KHALED HOSSEINI THE KITE RUNNER AND THE MOUNTAINS ECHOED
KELLEY ARMSTRONG SEA OF SHADOWS
#1 NEW YORK TIMES BESTSELLING AUTHOR NORA ROBERTS WHISKEY BEACH FIRST TIME IN PAPERBACK
JOHN LE CARRÉ NEW YORK TIMES BESTSELLER A DELICATE TRUTH
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Toronto Mayor Rob Ford in an executive committee meeting Wednesday. CHRIS SO/TORSTAR NEWS SERVICE

# Putting the focus on Ford

Toronto's Mayor Rob Ford returned to city hall this week after two months in rehab, pleading for a second chance. He sat down Wednesday with a handful of television networks for one-on-one interviews.

THE CANADIAN PRESS

## ON DOING DRUGS

The stress of running Canada's largest city is not what drove Rob Ford to substance abuse, he said Wednesday. Ford told CBC he has been under the influence of alcohol while at city hall as mayor, but never used drugs there.

He was adamant that his professional life is not what prompted his substance abuse, saying he was born with a disease and he will die with it.

"I think people don't understand the triggers and cravings," Ford said. "Some people blame it on their job. This is a disease that was not this job."

## ON HIS FITNESS FOR HOLDING OFFICE

Ford said he drank and did drugs "for years" before he was elected mayor. The drugs he used ran the gamut, he said, telling TV station CP24 that he had done mushrooms, marijuana and "everything you can think of," but not heroin.

When asked if someone with uncontrolled cravings is fit for the office of mayor, Ford insisted the job is not one of his triggers.

Ford would not commit to resigning if he relapses, saying only that he is taking it one day at a time.

"I did not drink yesterday and I haven't drank today," he said.

## ON THE POLICE INVESTIGATION

Ford has vowed to no longer associate "with the criminal element that's before the courts," but said on the advice of his lawyer he still will not consent to an interview with the police. Toronto police spokesman Mark Pugash said Wednesday the criminal investigation into the mayor is ongoing.

The embattled mayor also admitted he was smoking crack cocaine just days before he left for rehab, confirming that was the substance in a pipe he was seen holding in a video image obtained by the Globe and Mail.

## ON MAKING RACIST, HOMOPHOBIC SLURS

Ford also said the disease makes people say and do things they otherwise wouldn't do and he offered a blanket apology for using ethnic slurs and making reportedly homophobic remarks.

"Everything I said while I was using — I offended a lot of people and all I can do is apologize and say sorry," Ford told CP24 when asked if he would apologize to Toronto's "diverse community."

"I cannot change the past and I think that covers everyone that you just mentioned."

## War crimes. Secret memo suggests U.S. had no basis to charge Omar Khadr

A previously secret memo on CIA involvement in drone killings is casting new doubt on whether the American government had any legal basis to prosecute Canada's Omar Khadr for war crimes.

In fact, Khadr's lawyers argue the document by the Department of Justice emphatically rejects any such legal foundation, and say his convictions at Guantanamo Bay should be set aside immediately.

In Khadr's case, the Pentagon says Khadr had violated the "U.S. common law of war" in taking up hostilities against U.S. forces. But the legal analysis in the CIA case makes no mention of any such body of law.

"The only reasonable interpretation of that analysis is that there is no such thing (as common law of war)," Sam Morison, Khadr's lawyer, said Wednesday. THE CANADIAN PRESS

## Keep calm and carry on

Murray Blakwill carries he recovered from his parents' flooded home in Springside, Sask., Wednesday. Nearly 90 communities in Saskatchewan and Manitoba have declared emergencies because of flooding and more than 500 have been forced to leave their homes. LIAM RICHARDS/THE CANADIAN PRESS

## Miami nice. Canadian government looking to unload Florida mansion

The federal government is putting a multimillion-dollar Miami mansion back on the market five years after buying it for $1.9 million.

The Department of Foreign Affairs is looking for a Miami real estate agent to sell the opulent property, which has served as the Canadian government's official residence since 2009.

An unofficial estimate on real estate website Zillow.com puts the value of the 7,466-square-foot property at almost $5.5 million.

The sale comes as the department looks to scale back on its international properties to generate $80 million in revenues over the coming years.

The Zillow listing notes that the Spanish-style mansion features high ceilings, staff quarters, and a saltwater heated pool surrounded by "lush landscaping." TORSTAR NEWS SERVICE

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Midnight ride

## Ex-president faces charges in French corruption probe

Former French president Nicolas Sarkozy's car wheeled out of the court parking lot in the dead of night Wednesday after he was charged in a corruption probe.

The former conservative party leader is accused of tapping political allies to gain intelligence on a flurry of probes linked to campaign finance. He has vigorously denied wrongdoing and planned to address the latest allegations on television Wednesday. THE ASSOCIATED PRESS

Former French president Nicolas Sarkozy THE ASSOCIATED PRESS

Arrests

## 511

In a rare scene of disorder, Hong Kong authorities cleared out hundreds of protesters who blocked part of the city's financial district early Wednesday, a high-profile reflection of rising anxiety over Beijing's tightening grip on the little enclave of incomplete democracy at the southeastern edge of Communist China. Police arrested 511 people who staged an unauthorized overnight sit-in on an avenue running through the heart of the city after a rally the day before in which tens of thousands of demonstrators marched in the streets to push for the right to elect their leader free of limits Beijing wants to impose.

83 years late

## Long, looong-lost letter delivered

A letter written by a Maine school teacher in 1931 to her mother 150 miles away has finally been delivered — 83 years later.

Miriam McMichael, then 23, sent the nine-page letter from Houlton to Dollena McMichael in Pittsfield. Both women have since died. THE ASSOCIATED PRESS

# Target-ing a 'family-friendly' environment

**'Open carry.'** Retailer asking shoppers to not bring firearms into its stores, even where allowed by law

Target is "respectfully" asking its customers not to bring firearms into its stores, even where the parctice is allowed by law.

In a statement posted Wednesday on the retailer's corporate blog, interim CEO John Mulligan said that Target wants a "safe and inviting" atmosphere for its shoppers and employees.

"This is a complicated issue, but it boils down to a simple belief: Bringing firearms to Target creates an environment that is at odds with the family-friendly shopping and work experience we strive to create," he said.

In many states, carrying unconcealed guns in public is legal.

Molly Snyder, a Target spokeswoman, said that Target's move is a "request and not a prohibition."

"We don't have any plans for proactive communication to guests beyond what Target leadership shared today," she added.

Target does not sell guns in its stores or on its website.

Target Corp. made the announcement as it faced pressure about its policy on the "open carry" of firearms in its stores. A group called Moms Demand Action for Gun Sense in America gathered nearly 400,000 signatures for a petition asking Target to prohibit shoppers from carrying guns into its stores.

The group has said it is responsible for getting several chains, including Chipotle, Starbucks and Jack in the Box, to make similar moves. It introduced the campaign after gun rights groups carrying loaded rifles frequently gathered in Target stores in Texas, Alabama and North Carolina to demonstrate in support of "open carry" laws. THE ASSOCIATED PRESS

In this 2013 photo, shoppers arrive at a Target store in Los Angeles. DAMIAN DOVARGANES/THE ASSOCIATED PRESS FILE

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## Report. Devices on 'standby' hog energy

Billions of electronic devices around the world that are constantly on "standby" are wasting enough electricity each year to power 80 per cent of Canada's needs, says a new report.

And it's only going to get worse, says the International Energy Agency, unless we do something about it.

The report says that demands of businesses and consumers to be connected full-time comes at a price.

Devices like refrigerators and coffee makers are now being made with connections to the Internet — which means they always have to be powered up to receive instructions.

Meanwhile, televisions and computers are always in "standby" mode so they can be flicked on instantly.

"In many such devices, standby is a misnomer," says the report. "It suggests the device has gone to sleep and is almost off." TORSTAR NEWS SERVICE

## Ceili is hoping to squeeze back into her dog sweater

Staff worker Kelli Quinones walks golden retriever Ceili on a treadmill at the Morris Animal Inn in Morristown, N.J., in June. For Ceili, it was easy to fatten up when living with a boy who pushed tasty morsels over the edge of his high chair. The extra weight led Eileen Bowers of Bedminster, N.J., to sign up the more-than-100-pound pooch for a five-day fitness camp last month at Morris Animal Inn. The camp offers swimming, nature hikes, treadmill trots, facials, massages and healthy treats like organic granola, string beans and carrots. THE ASSOCIATED PRESS

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**Qantas Airways**

### Plane turns around due to water leak

Water flowed down the aisles of a double-decker Qantas Airways flight bound for Australia after a leak that forced the plane to return to Los Angeles late Tuesday. THE ASSOCIATED PRESS

# Porter must pay in cash when it bumps passengers: Agency

**Forced to refine system.** Carrier ordered to pay passengers cold, hard cash, not $500 vouchers for future travel, when passengers are bumped

The Canadian Transportation Agency has ordered Porter Airlines to pay cash to passengers bumped from domestic flights.

The regulator has given the carrier, which operates turboprops primarily from Toronto City Centre Airport, until July 8 to detail the actual compensation.

Porter currently doesn't have a compensation policy for passengers bumped due to overbooking from flights within Canada, but has provided a $500 voucher for future travel as a "goodwill gesture."

Responding to a complaint from air passenger rights activist Gabor Lukacs, the agency found Porter's current policy was "unreasonable."

It also ordered the airline to either rebook passengers on Porter or other airlines or provide a free flight back to the point of origin if the bumped passengers no longer wants to continue their travel.

The CTA previously ordered Porter to compensate bumped passengers travelling from Canada to the United States. In that case, Porter must pay twice the total one-way fare or up to $650 if passengers arrive at their destination one to four hours later than scheduled, and four times the fare or up to $1,300 if they're more than four hours late. THE CANADIAN PRESS

**Air Canada must also pay**

**Air Canada was previously ordered to pay cash compensation to bumped passengers on domestic flights.**

- It pays between $200 to $800 in cash, depending on the length of the delay, for flights within Canada and from Canada to the U.S. It pays up to $650 and $1,300 for delays involving flights from the U.S. to Canada.

# LiLo claims maker of Grand Theft Auto stole ... her image

Lindsay Lohan is suing the makers of the Grand Theft Auto video games. The actress says the latest installment used her image and created a character based on her without her permission.

Lohan's lawsuit was filed Wednesday in a Manhattan court.

Grand Theft Auto V game maker Take-Two Interactive Software Inc. and subsidiary Rockstar Games declined to comment.

Grand Theft Auto V was released in September. Sales topped $800 million US on its first day.

Lohan's lawsuit says a character named Lacey Jonas is an "unequivocal" reference to the Mean Girls and Freaky Friday star. THE ASSOCIATED PRESS

Lindsay Lohan
THE ASSOCIATED PRESS FILE


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# GOING BACK TO NOWHERE

HE SAYS

**John Mazerolle**
metronews.ca

I come from nowhere. More specifically, I come from New Brunswick.

I'm taking my girlfriend there in a couple of weeks and she thinks I'm underselling my home province — maybe because I keep saying the three best things are my friends, my family and edible seaweed, not necessarily in that order.

But it's a tricky thing, explaining New Brunswick. I'm finding describing my home province a bit like trying to explain depth to a two-dimensional life form or purple to a blind person. New Brunswick has its pros and cons but to most of the country it's a cipher, an empty space. If it were eliminated from the map by nuclear warfare, all you'd say when you got out of your car is that the drive to Nova Scotia is faster than you remember.

Think about it. Can you name the best hockey player to come out of New Brunswick? No? In Canada, doesn't that mean it might as well not be there? And what about the best musician from N.B.? The best actor? The most striking landmark? The most famous building? What you like the most? The least? Do you even know what the old Brunswick is?

You might have very positive views about Toronto or Saskatchewan, or you might wish Godzilla would visit those places. But you probably have some idea what it is you are loving or hating.

What springs to mind when you think of New Brunswick? It's like a zen koan, designed to free your mind of conscious thought. It's not a good thing or a bad thing. It's just there. Or not. New Brunswick, the new play by Samuel Beckett. It's been a problem for people in New Brunswick too, as can be seen in years of failed advertising slogans so vague as to be meaningless: "Wow!" was one. No, really. It was just "New Brunswick: Wow!" Another was "Be … In This Place," which really does seem like a zen koan.

And when New Brunswickers aren't being vague, they're trying too darn hard. The province's biggest boosters often seem like people striking up the band so you won't notice the ship is sinking. My hometown, Saint John, has taken to calling itself Renaissance City since I left, which is only accurate in that Saint John often leaves you wondering if you've returned to the 16th century.

Keep in mind, I like Being … In That Place. It's just no obvious consensus has been reached on what New Brunswick is or what it can be. For most of Canada, it's just nothing, but from a tourism perspective I can laud the French-English mix, whale watching, a couple of great national parks and some beautiful sunsets.

I'm not sure I could move back, but I know there's enough beauty there for me to pull my girlfriend close and whisper sweet New Brunswicks in her ear. Wow.

## MILITANTS AT WORK

**Iraqis who have fled recent fighting in the cities of Mosul and Tal Afar try to enter a temporary displacement camp but are blocked by Kurdish soldiers on Wednesday in Khazair, Iraq. For more images of refugee life in Iraq over the past week, scan this image with your Metro News app.** ALL PHOTOS SPENCER PLATT/GETTY IMAGES

### The Islamic State looks to tighten grip on land

Fresh from success in Iraq, a Sunni extremist group tried to tighten its hold Wednesday on territory in Syria and crush pockets of resistance on land straddling the border where it has declared the foundation of an Islamic state.

The militant group has fed off the chaos and supercharged sectarian atmosphere of Syria's civil war to seize control of a large chunk of territory there. With its recent blitz across Iraq, it has expanded its gains while also effectively erasing the border between the two countries and laying the groundwork of its proto-state.

The group this week unilaterally declared the establishment of an Islamic state governed by Shariah law and demanded that all Muslims pledge allegiance to it.

THE ASSOCIATED PRESS

**By the numbers**

**800K**

Number of people who have fled the city of Mosul, Iraq's second-largest city, since the Islamic State militants took control, according to the International Committee of the Red Cross in Iraq.

**Who are the Islamic State?**

**The Islamic State of Iraq and Syria, now calling themselves simply the Islamic State, are an al-Qaida breakaway group.**

- Extremists have long dreamed of recreating the Islamic state, or caliphate, that ruled over the Middle East and beyond in various forms over Islam's history.
- But ISIS has managed to do what al-Qaida never has — carve out a large swath of territory in the heart of the Arab world and control it.

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**MetroTube**

## This is Verruckt

ANDREW FIFIELD
andrew.fifield@metronews.ca

**Behold Verruckt, opening this summer in Kansas City and verified by Guinness as the world's tallest waterslide. After hiking more than 250 steps to the top, riders are strapped in a four-person raft and sent down an early vertical 168-foot drop, because lesser waterslides are for babies.**

**Obviously, hydrothrillseekers are eager to see what it's capable of, so a park designer and ride engineer rigged a few POV cameras and took it for a spin.**

**If you're wondering what incredible phrase the Germans managed to squeeze into "verruckt," it just means insane — which is disappointing. (SDG/YouTube)**

ISTOCK

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SCENE 2

# Pemberton music fest is back (and bigger than ever)

**Snoop to Soundgarden.**
Revived five-day bash to feature extensive lineup of musicians, DJs and comedians

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca

Big Boi, left, and Andre 3000 of Outkast will be among the headliners at this year's Pemberton Music Festival. THEO WARGO/GETTY IMAGES

It came, we saw, it went away. And now, six years later, it's back.

It's the Pemberton Music Festival, now bigger and better than before.

Well, spanning five days, it's certainly bigger. You'll have to wait until July 16-20 to find out if it's better.

New Pemby promoters (HUKA Entertainment) took a while to announce this year's lineup, though if we're to believe advance publicity, that didn't seem to hamper advance ticket sales.

But there are still plenty of options available: regular general admission passes ($299 plus camping/shuttle); advance VIP ($899 including VIP camping/shuttle); and regular super VIP ($1,699 including super VIP camping/shuttle).

So who's playing? Well, it's an extensive list of bands and DJs. Some highlights, starting with the headliners: Nine Inch Nails, Outkast, Deadmau5, Soundgarden, Frank Ocean, Kendrick Lamar, Metric, Modest Mouse, Snoop Dogg, Above & Beyond, Empire of the Sun, Justice, Grimes, The Flaming Lips, Young the Giant and, yes, many more.

There's also comedy from the Trailer Park Boys, Bob Saget, Lisa Lampanelli, Nick Swardson, Norm MacDonald, Doug Benson, Jay Pharoah, Tom Green, Brian Posehn, Jim Breuer, Natasha Leggero, Brian Scolaro, and Kyle Dunnigan.

For more information about the event, visit pembertonmusicfestival.com.

### All the Gore

Gore Vidal: United States of Amnesia — Nicholas Wrathall's impressive portrait of the novelist, essayist, polemicist, politician, pundit and screenwriter — plays July 4 to 31 at the VIFF Vancity Theatre.

Also at Vancity, from July 12 to 17: Elena, an intimate portrait of a seasoned stage performer from Brazil who heads to New York and ultimately takes her own life. The haunting documentary was assembled by Elena's younger brother, Petra Costa.

And on July 11 and 12, see the movie Quentin Tarantino named one of the 12 best ever made: Sorcerer, by William Friedkin. Visit VIFF.org.

### The die is cast

Die Antwoord just played Vancouver in May, but that's not stopping the South African group from returning to play the PNE Forum Sept. 23. Tickets are $37.50, on sale now at livenation.com.

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# An alien allegory on goodbyes

**Earth to Echo.** New film about a homesick extraterrestrial is drawing parallels to Steven Spielberg's E.T.

STEVE GOW
scene@metronews.ca

The fact that critics are simply calling Earth to Echo a millennial version of Steven Spielberg's E.T. doesn't bother filmmaker Dave Green.

"That's always humbling to be mentioned in the same sentence with that movie and I know its not a quality comparison because that movie is such a piece of art," said Green recently, hinting that it's not the only Spielberg work that informed his debut feature. "I saw Jurassic Park when I was 10 years old and there was nothing more fun when I was a kid than being scared in the theatre and knowing you were safe."

The story is about a trio of kids who are forced to move from their neighbourhood, when they set out for one last adventure and find it when they stumble on a homesick alien they name Echo.

"The character of Echo, while he's absolutely adorable, he's a vessel through which the kids learn to say goodbye to each other," admitted Green, explaining Echo could've been a bird fallen out of its nest as much as an extraterrestrial.

"The big access point for me was when I was going to college, I had to say goodbye to all my friends that I'd known since I was five years old ...

"I just remember what that felt like and it was a very bittersweet time."

Earth to Echo opened on Wednesday. CONTRIBUTED

**AUGMENTED REALITY**

→ Some are comparing Earth To Echo to Steven Spielberg's '80s classic E.T. Scan this photo with your Metro News app for a trailer and you be the judge.

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# 90210 who? Alums reunite 20 years on

**Blast from the past.** If you're pining for a '90s revival, Tori and Jennie are back with a new sitcom called Mystery Girls

They're back! Former Beverly Hills 90210 co-stars Tori Spelling, left, and Jennie Garth team up again for the sitcom Mystery Girls. NAAMY SUSSMAN/INVISION/THE ASSOCIATED PRESS

Tori Spelling can crack Jennie Garth up.

When thinking of an upcoming scene from their new ABC Family sitcom, Mystery Girls, now airing Wednesdays at 8:30 p.m. ET, Garth giggles at the memory of Spelling going for it, making a funny face and using a strange voice.

That's just one reason the two like to work together.

"I feel safe doing some, like, goofy, crazy face and voice because it's my friend. I know she's gonna be there to support my efforts," explained Spelling in a recent interview.

"She knows I love it," added Garth, who readily admits she's the first to break character in a scene.

Unless you skipped the 1990s, you know they were co-stars on one of the most popular TV shows of that era, Beverly Hills 90210, about teens living in the exclusive Southern California zip code.

It went off the air after 10 seasons in 2000 but Spelling and Garth have remained friends. They even briefly reprised their roles for the CW's 90210 reboot. Spelling guest-starred on a couple of episodes. Garth appeared on the first two seasons.

They never expected to work together full-time again but Spelling came up with the premise and it all fell into place.

On Mystery Girls, Garth and Spelling play former co-stars of a hit '90s detective TV show of the same name. They've gone their separate ways, until a crime occurs, and the witness will only talk to them. After this, they end up opening a detective agency.

**Doing comedy**

**"It's more fun than doing a drama. The schedule, the hours. We both have a lot of kids."**

**Jennie Garth,** on why they chose to do a sitcom instead of a drama

Both actresses also serve as executive producers. They have their hand in the show's look, wardrobe and "every little thing," said Spelling. "Our personalities are micro-managers. We can't delegate that much, but we're learning," she said.

The two say they rarely disagree on decisions but Garth will defer to Spelling sometimes "because it was her idea."

They chose to do a sitcom because, "it's more fun than doing a drama," said Garth. "The schedule, the hours. We both have a lot of kids."

For Spelling, having a sitcom was a career goal.

"I did the best I could on 90210. Like, I tried to make Donna funny. I was in a drama. Everyone else was great at drama, but I was like, 'I think I'm better at comedy, so how can I interject comedy here and there?' and so Donna was kind of goofy and I did things here and there but I was always, this is harder for me. I wish I could do comedy."

The gig also comes at a good time for Spelling's personal life. Her recent marriage struggles with actor Dean McDermott have been documented both in the press and on the Lifetime docu-series, True Tori. On that, cameras followed Spelling in the aftermath of learning her husband had an affair and he subsequently went to rehab.

With all the rumours swirling around her personal life, she felt it was best to document what was happening on camera: "It was the best vehicle to tell my truth." Still, putting her personal problems on display can seem strange to some. To that, Spelling says, "It was something I needed to do, so don't feel bad."

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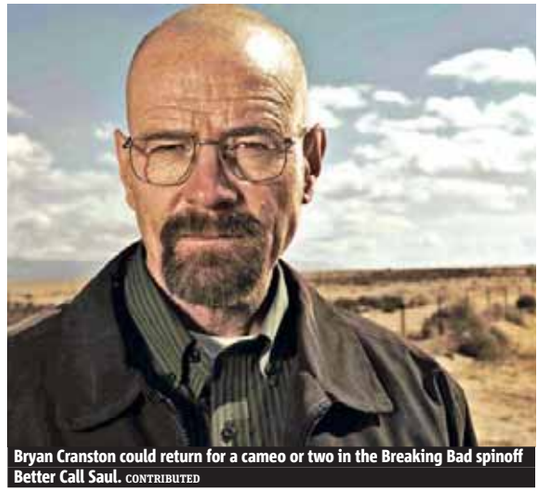
# Better Call Saul. Breaking Bad spinoff will have 'flexible timeline': Producer

Previously, it was thought that the upcoming Breaking Bad spinoff Better Call Saul would take place before Walter White began his meth-dealing career. Now a producer has indicated that the series will have an alternating narrative spanning across multiple decades, indicating that the protagonist of Breaking Bad could make a cameo or two.



Bryan Cranston could return for a cameo or two in the Breaking Bad spinoff Better Call Saul. CONTRIBUTED

The first season of Better Call Saul, which is currently being filmed in New Mexico, is directed by Breaking Bad creator Vince Gilligan. The series focuses primarily on Saul Goodman (Bob Odenkirk), who is known to fans of the original show as Walter White's lawyer.

Described as a prequel to the hit AMC drama, the new spinoff will not take place exclusively during the 1980s as was previously thought. In an interview with the New York Daily News, producer Peter Gould revealed that the series would actually have "a flexible timeline" and will take place "before Breaking Bad, during Breaking Bad and after Breaking Bad."

Gould even admits that this narrative structure provides "the ability to bring back characters that were killed on Breaking Bad," adding that he would like to see Bryan Cranston return for one or more cameos.

However, he specifies that the storyline will remain focused primarily on the adventures of Saul Goodman and that an appearance by Walter White will by no means make or break the show.

AMC is betting big on this spinoff, which it has already renewed for Season 2 before airing the first episode. To ensure that Better Call Saul has the strongest start possible, the network has postponed its premiere from November 2014 to 2015.

The first 10 episodes of the new show will thus be aired early next year alongside part two of the fifth season of The Walking Dead. The 13 episodes of the following season should follow shortly thereafter. AFP

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Shia LaBeouf ALL PHOTOS GETTY IMAGES

## They tried to make Shia go to rehab, he said no, no, no (but did seek help)

A publicist says Shia LaBeouf is being treated for alcoholism. Melissa Kates said Tuesday the 28-year-old actor has not checked into a rehab facility, but is receiving voluntary treatment for alcohol addiction. Kates said in a statement that LaBeouf's recent actions — which include an arrest for disrupting a Broadway play — are symptoms of a larger health problem. She said he has taken the first of many necessary steps toward recovery. LaBeouf was charged with disorderly conduct, criminal trespass and harassment during a production of Cabaret last week. The actor was arrested for drunken driving in 2008 after he crashed his pickup truck, injuring his hand and knee. LaBeouf is best known for appearing in the first three Transformers films. THE ASSOCIATED PRESS

## Jewel follows her Intuition, splits with hubby after 16-year relationship

Singer Jewel and her husband are divorcing after a 16-year relationship. The 40-year-old writes in a letter posted on her website that she and Ty Murray want their separation "to be nothing less loving than the way we came together." A representative for the singer confirmed the news Wednesday. Jewel and Murray were married in 2008. They have a son named Kase. Jewel says she decided to write the post — called Dear World — to inform her fans before the news broke in the tabloids. Her hits include

Jewel

You Were Meant for Me, Foolish Games and Intuition. Her 1995 debut album, Pieces of You, has sold more than 12 million units in the United States. THE ASSOCIATED PRESS

The Word

## *It's hard to Get Her Back when she won't listen to the album*

MELINDA TAUB
Metro in New York City

I know I'm not the only one who thinks Get Her Back is kind of gross. I appreciate that Robin Thicke misses his ex-wife Paula Patton, but dude — making a video of a Paula look-alike drowning in a skull mask before flashing the words "This is just the beginning," is unlikely to get you anything but a restraining order.

Luckily, there's one person who hasn't experienced the full weight of Robin Thicke's creepy take on romance: Paula Patton herself, who hasn't listened to the album. "I don't think she wants to hear it right now," Robin told Hot 97. "I can't speak for her, but I think space is an important part of any healing process."

Kudos to Paula. I imagine there's not much that would hurt Robin Thicke more than refusing to listen to him croon about you.

Paula is making sure that their healing process is spacious indeed. In addition to refusing to listen to his music, she and Robin haven't seen each other in four months. That must take some work, since they share a four-year-old son. Maybe they pass him back and forth wearing blindfolds — and, for Paula, earplugs, in case of any crooning sneak attacks.

Cameron Diaz

## It may not be a real sex tape, but Cameron Diaz still bares all in it

Cameron Diaz does something she's never done before in her upcoming movie Sex Tape. She gets naked on camera. It's a first for the 41-year-old actress, who described the experience to Esquire magazine as "just a part of the role." She says her co-star Jason Segel also gets nude onscreen.

In Sex Tape, Diaz and Segel play a bored married couple who decide to spice things up by filming a sex tape. After it's accidentally leaked, they try to get it back. She also has a labour scene in the film. Diaz has been open about not wanting children in real life, saying she never really wanted to be a mother. THE ASSOCIATED PRESS

## Nicole Scherzinger talks about battle with bulimia

In the new issue of British Cosmopolitan magazine, singer and former Pussycat Dolls member Nicole Scherzinger opens up about her secret struggle with bulimia. "It is such a horrible paralyzing disease and it was such a dark time for me ... It robs you of living your life," she tells the magazine.

Scherzinger hopes that sharing her story will serve as an inspiration for other people who are struggling with an eating disorder. "You can recover and you can get rid of it forever," she says. "I did it and

Nicole Scherzinger

that's why it's so important for me to share my story."

She says that she developed the eating disorder when she was in her early 20s. METRO

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LIFE 3

PLUS HOMES

# 3 braids to beat the heat

City humidity and heat doesn't mean you have to spend summer in ponytails and messy buns. DreamDry senior stylist Faith Huffnagle shares with us three beautiful braided styles that not only look awesome, but keep you cool. Bonus: All three styles are easier to do when your hair is a little dirty, so go ahead and hit snooze.

EMILY LAURENCE
Metro World News

## For the beginner braider: The Fishtail

This fishtail braid looks elaborate, but it seriously only takes five minutes to do. Part your hair and divide it into two sections. Huffnagle recommends a side part so your braid will land over your shoulder. Take a small part of the outer section of one of the two sections you divided your hair into and cross it over, adding it to the inside of the other hair section. Then, do the exact same thing with the other side. Keep your braid tight or it will fall out later. When you're done, secure the end with an elastic and pin in any fly-aways. Pro tip: "The smaller the sections are that you pull from the two bigger sections, the more bone-like and delicate the braid will look," Huffnagle says.

## For the intermediate braider: The Juliette

The Juliette is perfect if you are going out to drinks with friends or on a date. Start by sectioning the top third part of your hair and dividing it into three sections. Start a regular braid, but after the first pull, drop one of the section parts and weave a new section part in with the other two section parts. You will be adding to the two original sections all the way around your head, dropping one section with each pull, creating the cascading waterfall look. "If a layer ends, just connect it to another piece of hair in the back and continue from there," Huffnagle advises.

Use a curling wand to create the soft waves. "To really highlight the waterfall, curl the small sections cascading from your horizontal braid," Huffnagle says.

**Keeping your hair summer safe**

- For protection during the sizzling summer months, try **Live Clean Monoi Oil Leave-in Treatment.** A blend of rich coconut oil infused with Tahiti's native Tiare flower. Strengthening hair before damage begins, this product tackles the many problems summer throws at your hair — moisture loss, frizz and environmental damage. live-clean.com

## For the expert braider: The Bianca

This crown braid has a bohemian music festival look to it that makes it perfect for summer. Start by grabbing a four-inch section of hair behind your ear. Then, divide that section in to three equal parts, like you would to start a normal braid. What makes this outside braid different from a normal braid is that you are constantly moving the centre piece, pulling it over both ways. The front piece ends up joining the back piece, very similarly to a French braid. Keep going around your head by pulling more hair from the top all the way around. As you braid, make sure it's tight; you can pull it apart a little at the end to loosen it up. Once you get all the way around your head, finish braiding any extra hair, secure it with an elastic and pin it behind your ear or in the back. Pull the braid apart a bit to make it look more relaxed.

# Canadian street style

**Spotted in: San Juan del Sur, NI**

**Name: Bonnie**

**Age:21**

**Occupation: OCAD student**

**What she's wearing:**

BDG shoes, skirt from Black Market, Aritzia shirt, Brandy Melville sweater and purse from Value Village.

**Her inspiration:**

"I am inspired by Japanese street culture… and I really love the Spice Girls (specifically Baby Spice and Ginger Spice … I love platforms and still wear them.)

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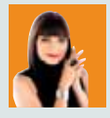

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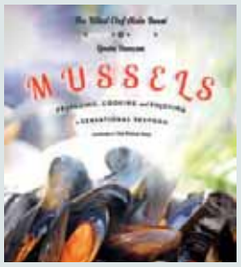
# Subtract fish and add mussels

**Cookbook of the Week**

## Mussel your way through the kitchen




Alain Bossé and Linda Duncan combine their love for mussels in Mussels: Preparing, Cooking and Enjoying a Sensational Seafood. The release features 77 recipes that range from expected dishes such as apps, salads and mains, to pies and cocktails. Enjoy recipes such as Cajun Mussel Soup, Mussels Carbonara, Coconut and Panko Mussels, and more.
METRO

## Mussel Potato Cakes with Apple Chutney.

Typically made with cod, this dish combines unlikely flavours for a delightful combination

"Fish cakes are a staple in the Maritime provinces. Traditionally they were made with salt cod, but now that cod stocks have been depleted, other fish are used," write Alain Bossé and Linda Duncan in their book Mussels. "In this recipe, we've replaced the fish with mussels and green tomato chow commonly served with fish cakes with apple chutney."

**Ingredients**

**Apple Chutney**
- 2 medium apples
- 1 1/2 tbsp (22.5 ml) butter
- 1/4 cup (60 ml) packed brown sugar
- 1/4 tsp (1 ml) cinnamon

**Mussel Potato Cakes**
- 2 lb (1 kg) mussels
- 1/2 cup (125 ml) apple juice
- 1 large onion, chopped
- 3 cups (750 ml) cooked mashed potatoes
- 2 tbsp (30 ml) chopped fresh parsley
- 1 1/2 tbsp (22.5 ml) summer savory
- 2 eggs, beaten
- 1/4 cup (60 ml) flour
- 2 tbsp (30 ml) butter

**Apple Chutney**

**1.** Core and dice the apples.

**2.** In a frying pan, melt the butter over medium heat and add the apple pieces. Bring to a boil, and stir in the brown sugar and cinnamon. Reduce the heat and simmer until the apples are tender, stirring occasionally. Can be served hot or cold.

**Mussel Potato Cakes**

**1.** Rinse the mussels under running fresh water. Throw away any that do not close.

**2.** In a large pot, add the apple juice and mussels. Cover with a lid and cook on high for approximately 5 to 6 minutes or until steam is pouring out from under the lid.

This recipe serves four. PERRY JACKSON FROM MUSSELS (WHITECAP BOOKS)

**3.** Let the mussels cool. Remove the mussel meat from the shells and put it in a covered bowl or dish. Reserve half a cup (125 ml) of the broth.

**4.** Place the onions and mussel broth in a sauté pan and bring to a boil. Reduce the heat to a simmer and cook until the onions are soft and the liquid is reduced by half.

**5.** Place mashed potatoes, onions, broth, parsley, summer savory, eggs and mussel meat in a large bowl. Gently mix by hand. Form into 3 oz (100 g) cakes; coat lightly with flour.

**6.** Fry the mussel cakes in butter over medium heat until crisp and golden brown on both sides.

RECIPE FROM MUSSELS (WHITECAP BOOKS) BY ALAIN BOSSÉ AND LINDA DUNCAN

Canadians
FINISH THE SENTENCE

Play Taxi Media, the Canadian based media company with a national ridership of touch screens in taxicabs, asked more than 4,500 riders across the country to finish a series of questions and shares with Metro News their findings.

LOVE:

Thoughts on a riders relationship with their ex demonstrated a strong correlation between men and women feeling that they were much better off without their past lover. In terms of crushes, men and women scored "neck in neck" in noting that most currently do not have a crush but men did score higher when it came to admitting a current crush on a coworker.

LIFESTYLE:

When asked what most riders felt they should change about their current lifestyle, the percentage of men to women who felt they could be a better friend proved equal. The majority of women indicated that they are most keen on going back to school while the bulk of men noted that they felt they needed to slow down on partying. Life also "won't be complete" until the majority of women travel with their male counterparts wanting to finish with more money. Both sexes equally demonstrated the ultimate goal is to get married and start families.

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SALIENT

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# Chicest pieces for summer picnics

Summer can only mean one thing: Months of eating outside in the sunshine. But the days of paper plates and sticky Tupperware are long gone. Here we pick out five outdoor accessories to ensure that you're the most stylish picnicker in the park.

AFP

JACK WILLS

## Fill in the blanket

Let's start with the blanket: It needs to be soft, summery, and easily portable. Quintessentially British lifestyle brand Jack Wills has come up with the Lothbury, a durable yet fun version that should tick all the boxes. About $72. jackwills.com

CATH KIDSTON

## Plate bloomer

Another British design stalwart, Cath Kidston, offers floral outdoor Field Rose plates that feature a charming summery pattern and are both stylish and reusable. About $7 each. (Find internationally at ASOS.) cathkidston.com

## Pretty as a pitcher

This vintage-inspired Candy Wallflower pitcher features one of the chic retro prints that Irish designer Orla Kiely has become known for. Durable and practical, it's perfect for mixing and serving drinks. About $46. orlakiely.com

ORLA KIELY

RUINART

## Bento box bubbly

Japanese designer Nendo has created this ingenious portable champagne set for luxury brand Ruinart. Featuring three partitions, Kotoli comprises two stemless champagne flutes that hook on to a metal support, a bottle stopper and of course, a bottle of bubbly. Prices vary between retailers. ruinart.com

## Take each tray as it comes

This set of contemporary diamond-shaped Arlequin trays by home interiors company SIA comes in colourful tones. The trays can be easily stacked or placed side by side according to your requirements. About $123. sia-homefashion.co.uk

SIA

# Lasso summer with rope accents

We usually think of natural rope as utilitarian, used to tie down furnishings on moving day or keep parcels tightly sealed. But its rough-hewn texture offers an excellent way to add a relaxed eco-look to interiors. Available in many colours and thicknesses, rope is fantastic for DIY projects. Not so handy? Here are some products (and inspiration) that tie the knot in style.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

## Get your napkins in a twist

Set sail for elegant dining. Braided Nautical Rope Napkin Ring, $4.70, BedBathAndBeyond.ca

## Lash your mirror to the wall

Simple wood-framed mirror gets a casual lift from its chunky rope and decorative knobs. Emilio Wall Mirror, $360, CrateAndBarrel.com

## Jute as much as you can handle

Stylist Sibella Court's sleek iron handle gets wrapped in natural jute rope for humble nautical flair. Fixed Rope Handle, $12, Anthropologie.com

## Pendant lamp shows you the ropes

Rope, wood and glass make for an eco-stylish light fixture. Mango Large Hanging Pendant, $232, VdeVmaison.com

## Lay your cords on the table

Mix with blue and white for a nautical inspired luncheon or with silver and gold for an elegant dinner. Vera Wang's Vera Infinity, five-piece place setting, $155, TheBay.com

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# Give the ants in your pantry their marching orders

**Indoor invaders.** Keep your house from turning into an ant farm with advice from pest control experts

Ants can be a serious nuisance as they forage for food in cupboards and drawers. ISTOCK

Opening a bag of sugar to find ants crawling about is an experience no one wants to have, yet ants are a common pest many householders battle annually.

Jennifer Murphy, a Victoria resident, had just moved into her new home when she started to think there might be a pest problem. First she found ants in a large bag of sugar, and then while her husband was chopping vegetables he was bitten by an ant, and the pain was so intense he cut himself.

"We were annoyed," says Murphy. "But we knew that because we live in a warm climate, bugs were bound to come around. We had just moved in so we needed to figure out where they were coming from."

The potential entry point and cause of what Murphy believes was a carpenter ant problem was a disconnected dryer vent and a woodpile stacked against the outside wall of the house.

"We moved the woodpile away from the house and connected the vent," she says. "We squished all the ones we found in the house, and that seemed to get rid of them pretty quick."

### Ants like moisture

Kurtis Brown, technical supervisor at Victoria Pest Control, says the nesting structure of carpenter and odorous house ants, the two most common types, means there is only so much people can do to avoid a problem.

"Many ants are seeking moisture. Making sure our homes are in good repair, where we fix leaks and we aren't piling soil over our foundations and on to our siding," says Brown.

### Aphids attract ants

To deter ants, avoid planting anything in the garden that will attract aphids. Brown says ants are aphid farmers and will move them from around plants to feed on their droppings.

"If you are going to plant something that are prone to aphids, it's important to make sure the aphid population doesn't get out of control," he says. "The relationship between ants and aphids is important, and it is important to avoid planting vegetation right next to our houses where aphids and ants can be found."

### Satellite colonies

Carpenter and odorous house ants are particularly problematic because of the way they develop their nests and colonies. Brown says carpenter ants, which have one queen, develop satellite colonies where they move larva, which is what is normally found in a home.

"It's a nest, but there is just no queen," says Brown. "That is where the problem lies with carpenter ant control. You're not only dealing with the ants in the house, but also the constant threat of a parent colony re-establishing a satellite colony in the house. They essentially become a problem because they walk up to the house and walk into it. They walk under the siding, or a power line or up the siding on the outside."

If left unchecked, carpenter ants can eventually cause severe structural problems to load-bearing beams and other parts of the home.

### Odorous ants

Like carpenter ants, it is the nesting structure of the odorous house ant that makes them a concern for homeowners.

"They have a multiple queen and multiple nest site structure," says Brown. "There can be anywhere from one nest with one queen to a colony taking over 60 hectares and one million workers."

While odorous house ants don't cause any physical damage to the home, Brown says they can be a serious nuisance as they forage for food in cupboards and drawers.

As their name suggests, odorous ants can also stink. They release a pheromone that smells similar to rancid butter or rotten coconuts. The smell is used to protect the nest and is most often smelled when a creature is crushed.

THE CANADIAN PRESS

### Shutting down ants' colonial power

**People who live in areas with a large odorous ant colony often have a recurring problem.**

- **"It's really tough to stop odorous house ants," he says.** "They have the widest nest site tolerance out of all the native ant species, so they can nest almost anywhere. I've found nests in toilet lids, in kitchen cupboards, typical spots like crawl spaces and attics, even in a radio. That is what really adds in, what makes them so successful."
- **When dealing with a persistent ant problem, Brown advises avoiding pesticides as they aren't very effective.** If a homeowner suspects carpenter ants have taken up residence he recommends contacting a pest expert. Baiting through ant traps can be successful for odorous house ants.

Ants nest in an electrical outlet. DANIEL PRATAP/HANDOUT/ THE CANADIAN PRESS

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# Know when to fold 'em: Murphy beds are back as space savers

**Open and shut case.** Cabinet-housed hide-a-beds are enjoying a revival

A Murphy bed designed by Laura Casey is disguised as a couch with a shelf over it. The bed comes out of the wall when someone pulls on the shelf, which doubles as the bed's foot support. It was designed for clients who wanted comfortable guest accommodations and a place for their child to play in the basement. Casey, an interior designer, worked with a carpenter to construct the piece. CHRIS EDWARDS/LAURA CASEY INTERIORS/THE ASSOCIATED PRESS

A multifunctional horizontal wall bed and home office combination allows guests to feel comfortable when they visit and provides a workable space throughout the year, with additional wardrobe and large storage for added benefit. CALIFORNIA CLOSETS/THE ASSOCIATED PRESS

The clients came to interior designer Laura Casey with a space dilemma: They did not want to give up the guest room in their suburban home, yet they needed a place for their child to play.

Casey came up with a solution often used in small urban apartments: A Murphy bed. It takes up less space than a sofa sleeper or futon and — unlike many of those — uses a standard mattress, so guests, including elderly grandparents, have a more comfortable stay.

"They did not want to compromise the quality of the mattress," said Casey, owner of Laura Casey Interiors in Charlotte, N.C.

The Murphy bed, which tucks into cabinetry when not in use, is enjoying new popularity as a stylish space saver in many kinds of homes, not just studio apartments.

"It's an interesting trend," said Chris Fahy, vice-president of The Bedder Way Co. in Indianapolis, which makes Murphy beds and has seen sales rise in recent years. He says many customers are Baby Boomers, empty nesters, and other homeowners who want to turn a bedroom into a hobby room or exercise room but still need a place for grown children, grandchildren or other guests to sleep.

Fahy's Murphy beds range in price from $1,300 to $3,100.

California Closets, which also makes custom wall beds, has seen the same upward trend, said Ginny Snook Scott, vice-president for sales and marketing. Customers still buy Murphy beds for studio apartments and vacation homes, she said, but many others are looking to get more use out of an extra room.

The company designs vertical and horizontal Murphy beds, often incorporating them into cabinetry units for home offices or craft rooms. Prices range from $3,000 for a simple wall bed and desk to $20,000 for a custom project with extensive cabinetry.

Support pieces vary by manufacturer, but generally the mattress is encased in a frame that pulls out from a cabinet adhered to the wall. Today's improved mechanism for lowering and raising the bed makes the process an easy job for one person, Fahy said.

It was the first time Casey ever recommended a Murphy bed to a client. She wrote about the project on her design blog, at lauracaseyinteriors.com, and the post drew inquiries from across the country, she said.

She's not the only one to think of a new twist on the Murphy bed. Some manufacturers have designed beds that, like hers, are hidden in a faux wall rather than a traditional cabinet.

Resource Furniture in New York sells a wall bed that flips down over the top of a couch attached to a fake wall, said interior designer Nicole Sassman of Century City, Calif.

"The whole bed comes down over the couch, and it's a proper bed," she said. "It's pretty amazing."

Sassman recently designed a room that she and the client nicknamed the "jackknife room" because it served so many purposes, including guest room, meeting room and home office.

It included a Murphy bed; they're just more versatile and comfortable than sofa beds, she said.

"People are far more design-savvy, and they need multipurpose rooms," Sassman said. "There are so many reasons why the Murphy bed works in so many places."

THE ASSOCIATED PRESS

**Drop-down design**

The bed Laura Casey designed for her client does not include a piston or spring mechanism, which most manufacturers use to lower the bed onto the floor.

- "It just slowly drops down," she said.
- Her design, built by a carpenter, does not look like cabinetry. The bed is encased in a faux wall. When not in use, the bed looks like a couch with a shelf over it.
- In order to reveal the bed, the homeowner removes the couch cushions and pulls on the shelf, which causes the faux wall to drop to the floor.
- The wall is really a platform for the queen-size mattress. The shelf becomes the support for the foot of the bed.

Artist's rendering.

# Riverside Living in Vancouver

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# Bouchard, Raonic extend Canada Day

**Wimbledon.** Emerging young singles setting new standards for Canadian excellence

Canada's Milos Raonic celebrates after beating Nick Kyrgios on Wednesday at Wimbledon. BEN CURTIS/THE ASSOCIATED PRESS

First there was Canada's Davis Cup semifinal appearance last fall. Next came Eugenie Bouchard's trip to the final four at the Australian Open early this year.

Now Bouchard is getting ready to play in her third straight Grand Slam semifinal at Wimbledon and this time she will be joined there by fellow Canadian Milos Raonic. It's the most significant achievement yet in the country's rise as a tennis power as no two Canadians have ever advanced this far at one major.

"I'm sure that the outbreak and the response back home is of much more magnitude than anything else that's happened or that's resonated," Raonic said Wednesday after defeating Australian wild card Nick Kyrgios 6-7 (4), 6-2, 6-4, 7-6 (4) to advance to his first career Grand Slam semifinal.

"I think not only (Bouchard) in the last two Slams, but us doing it at the same time here is bigger than anything we've done in Davis Cup, anything we've done at Fed Cup. It has a bigger audience, a bigger meaning, a bigger recognition."

Bouchard advanced to her third straight major semifinal by defeating Germany's Angelique Kerber 6-3, 6-4. The result is expected to move her into eighth on the WTA rankings list Monday, equalling the Canadian-best ranking held by Carling Bassett-Seguso.

"I'm excited to be in the semis. But, of course, I'm never satisfied, so I definitely want to go a step further, or as far as I can," Bouchard said.

Both have their work cut out for them in the semifinals.

Raonic has not beaten his semifinal opponent, seven-time Wimbledon champion Roger Federer, in four career matches.

Bouchard has less history with her opponent, Romania's Simona Halep.

The Romanian won their only meeting, on hardcourt at Indian Wells last March. But fourth-ranked Halep, like Bouchard, is a rising star.

THE CANADIAN PRESS

**Support from a trailblazer**

**"I'm telling you she's going to No. 1. I watched her play. I don't watch too much women's tennis, to be honest with you. I watched that match and I was just blown away."**

**Canadian Carling Bassett-Seguso** — a former world No. 8 almost 30 years ago — predicting more success for Eugenie Bouchard

**AUGMENTED REALITY**

→ For more photos from Wimbledon on Wednesday, scan the image with your Metro News app.

→ See the full instructions on Metro's Voices page.

metro AR

**NHL**

## Canucks sign winger Vrbata

The Vancouver Canucks signed right-winger Radim Vrbata to a two-year deal Wednesday.

The 33-year-old scored 20 goals and had 31 assists last season for the Arizona Coyotes.

Vrbata, a six-foot-one, 171-pound Czech Republic native, has 215 goals and 249 assists in 12 seasons with Colorado, Carolina, Chicago, Tampa Bay and Arizona. THE CANADIAN PRESS

Radim Vrbata GETTY IMAGES FILE

**NBA**

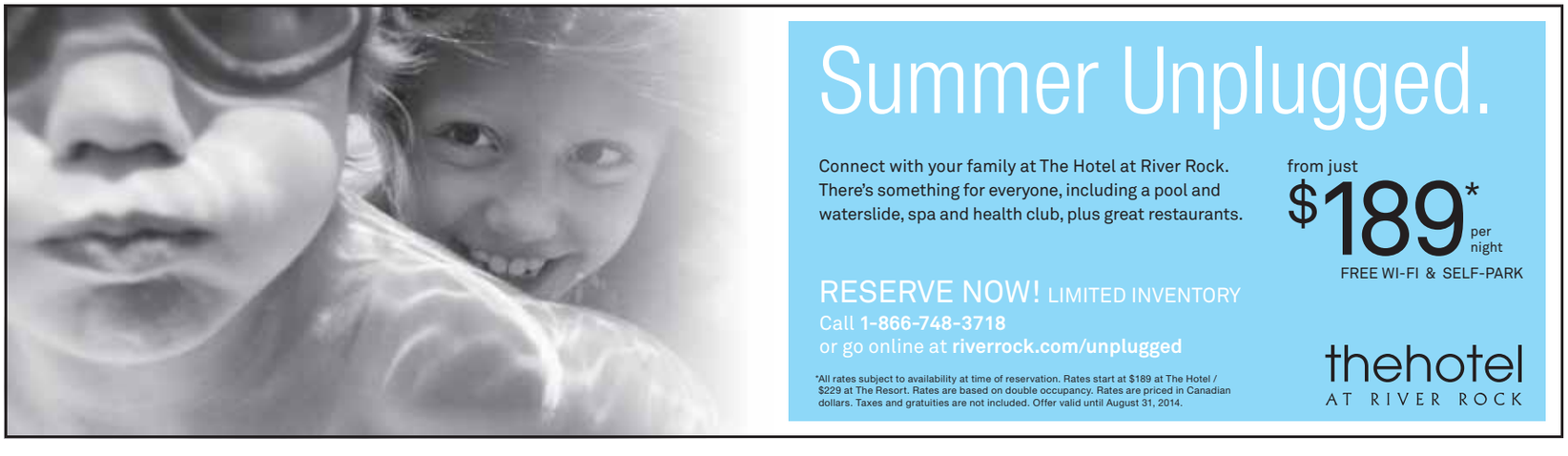
## Raptors retain point guard Lowry

Kyle Lowry isn't going anywhere.

The veteran point guard who led the Toronto Raptors to their first postseason appearance in five years said Wednesday on Twitter he's staying put.

"This ain't Amir jersey y'all!! Lol..... it's for the 2014-15 season cause Toronto will be my home city," said Lowry, who added a picture of himself in a vintage Raptors jersey.

Lowry's deal is $48 million US through four years with an opt-out after the third year, according to multiple reports. League rules restrict signings or trades until July 10, but players and their agents are allowed to confirm agreements. THE CANADIAN PRESS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## Horoscopes

### ♈ Aries
**March 21 - April 20**
Don't worry too much about details today. Instead, focus on the bigger picture. That applies as much to your personal life as it does to your work. Don't let loved ones pin you down to plans that stifle your creativity.

### ♉ Taurus
**April 21 - May 21**
There is no need to be quite so competitive. The planets indicate if you relax, the rewards will be greater than you imagined. And, you won't have wasted time and your energy on senseless rivalries.

### ♊ Gemini
**May 22 - June 21**
With Venus moving through your birth sign, you seem to be more mellow than usual and that's good. It's also necessary as something is about to occur that will take you by surprise.

### ♋ Cancer
**June 22 - July 23**
Don't expect everything to go according to plan today. It may be that a colleague is jealous of your success and will say things that are designed to undermine you. Don't take them seriously.

### ♌ Leo
**July 24 - Aug. 23**
Over the next 24 hours something will make you want to let the world know what a passionate human being you can be. The only danger is you will come on too strong and frighten special someone away.

### ♍ Virgo
**Aug. 24 - Sept. 23**
Put chores out of your mind and focus on what makes you feel good about yourself. Think of dreams you had and plans you made and give yourself credit for coming this far.

### ♎ Libra
**Sept. 24 - Oct. 23**
Travel and social plans may be disrupted today, so try not to make promises you won't be able to keep. There is no point trying to look too far ahead.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
What happens today will bring a chance to make much-needed cash but you are going to have to be less conservative in your money-making ventures. You don't have to gamble but be open to alternative possibilities.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
Break a few rules today. The planets are urging you to do something that stirs things up a bit in your quiet little corner of the world. Rock the boat and see who falls out.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
As Venus, planet of harmony, is moving through the area of your chart that governs your wellbeing, take things easy today. That's easy by Capricorn standards — people will still get exhausted just watching you.

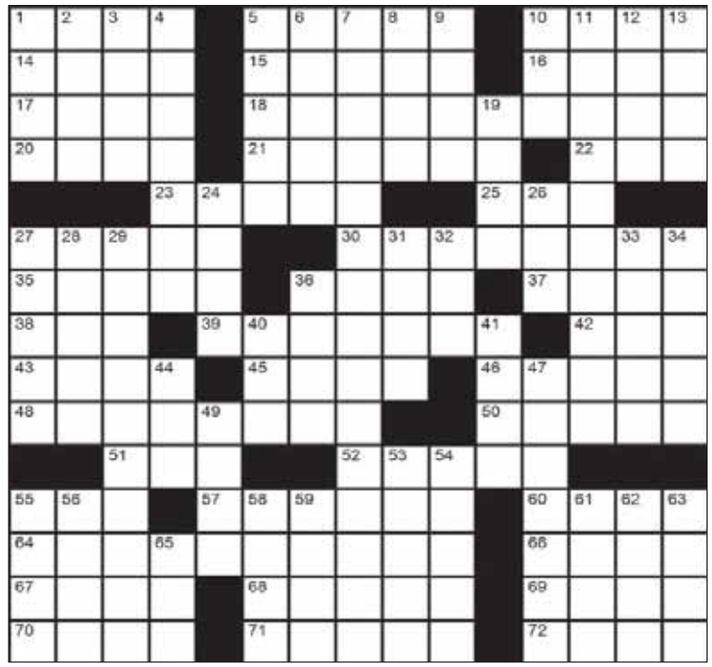
### ♒ Aquarius
**Jan. 21 - Feb. 19**
Your passion for a creative project knows no bounds. There is, however, a danger that you could lose touch with reality and allow it to become all-consuming. Don't forget to come up for air, occasionally.

### ♓ Pisces
**Feb. 20 - March 20**
Feelings you have been keeping hidden will burst out for the world to see today and, yes, it will be embarrassing. But better to be embarrassed than to go on pretending you don't care. You always care. **SALLY BROMPTON**

## Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



**Across**
1. The Four __ (Canadian singing quartet)
5. Gawk
10. Pinnacle
14. Division
15. Curved
16. "The Maple Leaf Forever" composer: Alexander __ (b.1830 - d.1906)
17. And, e.g.
18. GGFG = Governor General's __ __
20. "On the Loose" is by which Canadian rock band?
21. One who evades
22. Fragment
23. Soil fertilizers
25. Sad ER declaration
27. Streetside 'steeping' spots
30. Casey or Finnegan, e.g.: 2 wds.
35. Provide cheer
36. "Bye!"
37. Fight
38. __ Tin Tin
39. Crop __ (Designs in the wheatfields)
42. French season
43. Requests
45. 1990s kind of party
46. Actress Amy
48. "The Fault in Our Stars" (2014) star Ms. Woodley
50. Bothers
51. Nero's 511
52. Excavation extraction
55. Dined
57. Paltry
60. Canadian songstress, Shakura S'__
64. Gen-Xer's kid, perhaps
66. "Canadian __"
67. Great Lake
68. ___ ($1,000)
69. Film holder
70. Crew __ top
71. Celine's hubby, and namesakes
72. Simple

**Down**
1. Montreal-born hockey great Mr. Robitaille's
2. Kind of buffalo
3. __-dong! (Doorbell sound)
4. __. __ Village (Winnipeg neighbourhood)
5. More secure
6. Web forum annoyer-er
7. When a musician 'unplugs' he/she is doing a what of their song?: 2 wds.
8. Like a brought-back-to-the-store item [abbr.]
9. The __ (U2 guitarist)
10. Li'l music trophy
11. House's exterior as landscaping, etc. in real estate: 2 wds.
12. 'Noon' in Nice
13. In the past, in verse
19. Language of Pakistan
24. "Hey! Hold on _ __!"
26. Ancient Rome: Harvest goddess
27. Org. that handles the Juno Awards
28. "Witness" (1985) folk
29. "One Nation Under a Groove" band
31. Low-lying area
32. 'P' in literary monogram EAP
33. Celebrated currants-created Cake communication: 2 wds.
34. Hair lock
36. Ocean Spray flavour, __-Raspberry
40. Anger
41. Wrapped garment
44. VI
47. Veronic __ (Canadian impersonator whose repertoire includes Adele and Lady Gaga)
49. Citrus fruit
53. Uplift
54. Mr. Lovett's
55. Church word!
56. Canadian __ 'Money'
58. Bldg. planner
59. Canadian chef Ms. Yarymowich
61. Brain wave
62. John and Jane
63.Friendly nation
65. Currency in Albania

### Yesterday's Crossword

## Sudoku

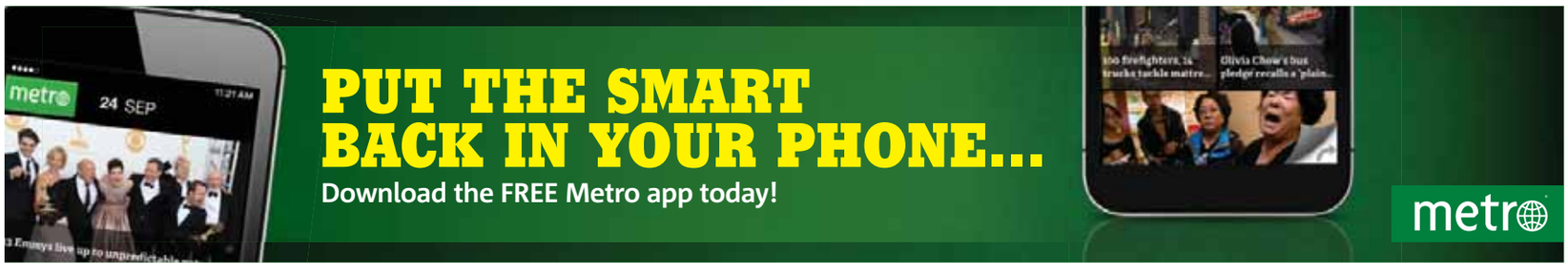
**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 2 | | | 3 | | | 1 | |
| | | | 5 | | 6 | | 8 | |
| | | | | 7 | | | 4 | 3 |
| 6 | | | | | 5 | 8 | 9 | |
| | 5 | | 9 | | 2 | | 7 | |
| | 8 | 7 | 6 | | | | | 1 |
| 3 | 9 | | | 6 | | | | |
| | 1 | | 2 | | 4 | | | |
| | 7 | | | 5 | | | 6 | |

### Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 2 | 7 | 6 | 4 | 9 | 1 | 3 | 5 |
| 1 | 9 | 6 | 8 | 5 | 3 | 7 | 4 | 2 |
| 5 | 3 | 4 | 7 | 1 | 2 | 6 | 9 | 8 |
| 4 | 7 | 3 | 2 | 6 | 8 | 9 | 5 | 1 |
| 6 | 8 | 1 | 4 | 9 | 5 | 2 | 7 | 3 |
| 9 | 5 | 2 | 3 | 7 | 1 | 4 | 8 | 6 |
| 3 | 6 | 8 | 9 | 2 | 4 | 5 | 1 | 7 |
| 2 | 4 | 5 | 1 | 3 | 7 | 8 | 6 | 9 |
| 7 | 1 | 9 | 5 | 8 | 6 | 3 | 2 | 4 |

Today
21°/13°
Partly cloudy
Friday
20°/15°
Partly cloudy
Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network | HD
TWN incorporates MSC data



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FRIGIDAIRE affinity

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M# YWFE710H0BS

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Stainless Steel 6.2 cu ft Ceran-Top Range with Convection

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MAYTAG

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